
Cyclocross Race Regulations – REG-005

INTRODUCTION

To host a sanctioned race event on behalf of the Saskatchewan Cycling Association (SCA), there are regulations that must be adhered to and organizing, and planning needs to occur to ensure a successful event.

The following regulations provide the framework for Road racing in Saskatchewan.

PURPOSE

These regulations are intended to supplement existing Cycling Canada Cyclisme' (CCC) and Union Cycliste Internationale / International Cycling Union (UCI) Regulations and provide a summary of the Cyclocross Race Regulations of the SCA. It should be noted that the UCI Regulations are a dynamic reference document, and a particular section may be updated at any time during the year. It is recommended SCA members refer to relevant sections on a regular basis through the UCI / CCC websites. All preceding regulations will be considered invalid as of the date of the updated regulation.

The SCA reserves the right to change these regulations at any time.

The regulations contained herein ensure that a well-documented, consistent approach to cyclocross racing competition in Saskatchewan is maintained and will help to ensure that all participants are treated fairly and that the risk of injury resulting from participation is minimized.

SCOPE

These regulations apply to all club, district and provincial road racing activities held in Saskatchewan and to National or International level events where noted.

REGULATIONS

GENERAL MEMBERSHIP / LICENSING REGULATIONS

Person's racing must be licensed by a SCA / CCC / UCI affiliated cycling association. This applies to national and international level races as well.

All riders must hold a valid SCA In-Province or UCI license to be eligible to race in any road cycling race event in Saskatchewan and accumulate points and Race Day Wins (RDW) in any BMX race event. Riders must hold a UCI license to race out-of-province.

See [General Race Regulations](#)

SANCTIONED RACE REGULATIONS

An **'Expression of Interest'** applications must be completed by the hosting Club and sent to the SCA office for Cyclocross Sask Cup race series by December 31 for consideration.

As the Cyclocross Sask Cup Series are not limited in the number of events that can be sanctioned in any Series, in any discipline, Clubs are encouraged to request to host as many events as their goals and resources allow for one season.

Once all **'Expression of Interest'** applications have been received, the Technical Committee will begin developing the SCA Cyclocross Race Calendar for the Sask Cup Series, and once the calendar has been approved by the Technical Committee, host Clubs will be notified of their event dates and can begin the race sanctioning process and other event planning.

An **'Event Sanction Application'** form must be completed by the hosting Club and sent to the SCA office for Sask Cup Cyclocross race series at least **45 days in advance of the series or event start**.

For Sask Cup Cyclocross events, the SCA provides race results and points tally assistance.

See [Expression of Interest Application](#)

See [Event Sanction Application](#)

See [General Race Regulations](#)

CLASSES

Ability Categories (Including Provincials)	Optimum Winning Time
Long Race	50 – 60 minutes
Category 1 / 2 Men	
Category 3 Men	
Category 4 Men	
Category 3 Women	
Short Race	35 – 45 minutes
Category 5 Men	
Category 4 / 5 Women	
Category 6 Men / Women	

*Categories may be combined at Commissaire discretion dependent on the number of registrants in each category.

*Provincial Championship age categories may be re-instated, instead of ability categories, at the discretion of the SCA Technical Committee.

Category Placement for First-Time Licensees

First time road license applicants are recommended to choose any Category 5 to start in.

Upgrading

See [Upgrade Policy](#)

COMPETITION RULES AND REGULATIONS

All races, in all disciplines, will follow the UCI / CCC rules and regulations for that specific discipline, except as modified by this and each specific discipline's document.

See [UCI Regulations](#)

Any modifications made by the SCA to the UCI / CCC regulations will be used at provincial, district, and club races. Such provincial modifications do not apply at national or international races.

While the UCI / CCC reserves the right to modify the regulations at any time during the year, the SCA will use the UCI / CCC regulations published as of January 1 of the current year for the entire calendar season for provincial, district, and club races. Exceptions to this regulation would be any rule modification that relates to athlete equipment and safety.

Race Personnel

The following personnel are required to run a well-organized, low risk, successful Cyclocross race.

At club races, a single person can do several of these jobs so long as their ability to perform each task is not hindered (e.g., Commissaire should not also be doing first aid), and some personnel may not be required for events with fewer riders registered. Good judgement is key.

At provincial races, the minimum requirements recommended for race personnel, are a Race Organizer, Chief Commissaire, Race Secretary, Finish Judge, medical support, and volunteers.

Race Organizer: The person responsible for hosting the Road race.

Commissaires

Chief Commissaire: A licensed **Commissaire A** must be present to serve as the '**Chief Commissaire**' and should have a team of licensed Commissaires as assistants. The number of Commissaires required for a Sask Cup race will be decided by the SCA Technical Committee and the Provincial Chief Commissaire for Road in consultation with the event Chief Commissaire, keeping in mind the minimum recommended Commissaires required. The Chief Commissaire will inspect the race courses for safety and meets regulations, and post event reporting.

Race Secretary: Checks validity of each rider's race license, ensures that rider is correctly registered, distributes race numbers, ensures that start lists are produced and distributed. In a Cyclocross race the Race Secretary is usually re-assigned to another position, such as Lap and Bell or Finish Judge once registration has closed.

Finish Judge: Responsible for final ranking finish times. Responsible for results production. May be assisted by timing / photo finish operator.

Pit Commissaire: Determines rider eligibility for a free lap and decides when to allow a rider back into the race in the case of a free lap.

Lap and Bell: Turns lap counter and rings bell prior to sprint laps and final lap. Backs up judges at sprints.

Medical Considerations: Medical support is required at all races, whether they be club, district, or provincial race events.

See *Medical Support Policy*

Volunteers: Marshals, and to assist with scoring the races, registration, and results posting.

Results – Protest Period

The protest period for race results will be as follows:

One-day races – 15 minutes after provisional results are posted.

Stage Race and Omnium Events – 15 minutes after each stage and 15 minutes after the provisional results are posted.

Race Course

To the greatest extent possible, courses used for Sask Cup events must conform to UCI Regulations. Any deviations from UCI requirements must be approved by the Chief Commissaire.

A Cyclocross course shall include road, country and forest paths and meadowland alternating in such a way as to ensure changes in the pace of the race and allowing riders to recuperate after difficult sections.

The course must form a closed circuit of a minimum length of 2.5 km and maximum 3.5 km, of which at least 90% shall be rideable.

The use of dangerous items along the course, such as fencing wire (barbed or otherwise) and metal stakes (including those used for advertising banners) is forbidden. The course must also be routed away from any item which presents danger to the riders.

The course shall be usable in all circumstances, whatever the weather conditions.

The race organizer must provide enough marshals to ensure the safety of the riders and spectators during competition and official training sessions.

The use of radio links or other remote means of communication with riders is forbidden.

Start and Finish Section

The start section must:

- Be on firm ground
- Have a length of at least 150 meters and a width of at least 6 meters
- Be as straight as possible and not include any descent
- First narrowing or obstacle after the start section may not be abrupt, it must be such as to allow all the riders to pass easily
- Angle of the first corner must be greater than 90 degrees

- U-turns are not allowed

Finish section must:

- Run straight for at least 100 meters
- Width must be at least 4 meters
- Section must be flat or uphill

Obstacles

The start and finish sections must be free of obstacles.

The course may include no more than six artificial obstacles. Obstacle shall mean any part of the course where riders are likely (but not required) to dismount.

The artificial obstacles allowed on a Cyclocross course are restricted to:

- Planks, as described in article 5.1.024;
- Steps;
- Non-natural sand pits
- All other artificial obstacles are not allowed

The length of an obstacle may not exceed 80 meters and the height may not exceed 40 cm. The total length of obstacles may not exceed 10% of the course.

Non-natural sand pits should be minimum 40 meters, maximum 80 meters long and minimum 6 meters wide. The sand pit should be located on a straight section and requests a level entrance and exit.

Descents of flights of steps may not be used.

The course may include a single section of planks. This obstacle must consist of two planks placed minimum 4 meters and maximum 6 meters apart and placed on a straight section. The planks must be solid for their entire height, without sharp edges and not made of metal. They must have a maximum height of 40 cm and extend the entire width of the course.

If the course is abnormally slippery, the plank section must be removed on the decision of the president of the Chief Commissaires in consultation with the Race Organizer.

Either or both planks referenced above may be replaced by one or two tree logs whichever the case may be. If a tree log is used, its maximum thickness shall be below 40 cm. Otherwise, all rules applicable to the specifications of planks shall apply to tree logs as well.

The course may pass over bridges or footbridges if they are at least 3 meters wide and have protective barriers on both sides. Bridges or footbridges shall be covered with an anti-slip surface (matting, mesh, or anti-slip paint).

Course will be previewed and approved for safety and meeting regulations by the Chief Commissaire before racing begins.

Pit Area

Authorized technical assistance during a race consists of repairs to or the replacement of any part of the bicycle. Bike changes are permitted.

The pit areas must be straight and may not include an obstacle. They must be located on a part of the course where the speed is not high, excluding graveled sections and descents.

A rider may only take the pit lane to change his bicycle, wheel(s) or for other mechanical assistance.

Should a rider take the pit lane for any other reason, the Commissaires shall decide, and the decision shall be final.

Changes of wheel or bicycle between riders are forbidden.

No rider may turn back on the course to reach a feed / technical assistance zone. Any rider doing so is disqualified.

Feed Zones

Feeding may occur only in zones established by the organizer for that purpose, usually the pit area.

Start Procedure

Riders must wait for the start with at least one foot on the ground or be penalized by being sent back to the last place in their start lane.

Riders who cause a false start shall be sent back to the last place in the start order of the new call-up.

Number of Laps

The number of laps will be calculated and announced at the end of the second lap.

The last lap of the race shall be announced by the bell.

Lapped riders may be pulled at the Chief Commissaires' discretion. Lapped riders will be given a time plus the number of laps that they were lapped by.

Finish Sprint

Maintain your line in a finish sprint so as not to interfere with another rider – penalty may result in relegation or disqualification.

All riders who cross the finish line after the winner shall have finished the race and will be given a placing based on their position.

A rider who retires must leave the course immediately and does not have the right to cross the finish line.

Club Racing

The SCA will not assign Commissaires to Club races; however, host clubs should ensure at least one Commissaire is present at all club races.

COMPLIANCE

All participants must comply with the SCA Code of Conduct. Commissaires must also comply with the SCA / CCC / UCI Commissaire Code of Conduct.

Failure to comply with the Cyclocross Race Regulations may result in disciplinary action, up to and including loss of race sanctioning privileges or loss of a Commissaires license.

A sanction may be withdrawn, or Commissaire license suspended / revoked, if in the opinion of the Technical Committee, the sanction holder does not respect the responsibilities and conditions as set out by the race sanction, race regulations, and / or takes action considered contrary to the development of cycling in Saskatchewan.

Furthermore, a Provincial or District Race sanction may be withdrawn the day of the race by either the VP Technical, Provincial Chief Commissaire or the event Chief Commissaire, should the conditions of the sanction and / or Race Regulations not be satisfied.

DEFINITIONS (AS REQUIRED)

Term	Definition
SCA	Saskatchewan Cycling Association.
UCI	Union Cycliste Internationale / International Cycling Union.
CCC	Cycling Canada Cyclisme’.
Commissaire	Commissaires are the sports officials that supervise races in each cycling discipline. Their responsibilities are to ensure a safe and fair play competition, in accordance with SK / CCC / UCI Rules and Regulations.
SCA Provincial Chief Commissaire	Elected or appointed person in charge of Commissaires in Saskatchewan for each discipline – Road / CX, MTB, and BMX.
Sask Cup Races	Series of SCA sanctioned Provincial races, culminating with the Grands and Championship races. Series points are awarded for achievement and upgrading. Medal and prizes may be awarded by the SCA. Clubs apply to host Sask Cup races and the schedule is determined by the SCA Technical Committee.
District Races	Series of SCA sanctioned Provincial District races within each district in Saskatchewan (Saskatoon and Regina). Series points are awarded for achievement and upgrading. Medals and prizes may be awarded by the District Clubs. Each District Club determines the schedule for their Club and notifies other Clubs.

Club Races	Series of Club members only races as determined by each Club. No district or provincial points are awarded at Club races.
Sanction	Official permission given an organizer by the Saskatchewan Cycling Association (SCA) to hold an event. The sanction recognizes the validity of the Organizer and the race and offers protection under SCA insurance.

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