

Medical Support Policy – POL-004

DESCRIPTION

The Saskatchewan Cycling Association (SCA) has seen some serious race incidents occur in past years. On-site medical support has not been immediately available at events, resulting in extended wait times for an ambulance to arrive. The average wait time for an ambulance within the majority of city limits is reported to be 9 – 10 minutes on average within the province. Wait times could be longer depending on unforeseen circumstances, such as a major traffic accident, train delaying the route, availability of ambulances, etc.

PURPOSE

Risk of an incident resulting in serious physical injury is inherent at all cycling events. As such, the provision of appropriate emergency medical support is mandatory at all Saskatchewan Cycling Association (SCA) sanctioned events.

SCOPE

The Medical Support Policy shall apply to **ALL** cycling disciplines, Clubs and members of Saskatchewan Cycling Association. All participants must hold a Saskatchewan Cycling Association membership and a valid race license as required based on the event.

POLICY

Minimum Medical Support Standards

Sask Cup Races

The following minimum standards are mandatory at all Sask Cup Races, in all disciplines, sanctioned by the Saskatchewan Cycling Association:

1. An Emergency Response Plan (EAP) must be provided by the Race Organizer and distributed to medical responders, Commissaires, marshals, other race / event personnel, and police if present, prior to race commencement. The Emergency Response Plan must include:
 - a. An EAP Coordinator must be named. It is this person's responsibility to oversee all medical personnel and direction in the event of an emergency.
 - b. Provisions for an adequate communication network; including names and cell phone numbers of EAP, all medical personnel, Commissaires and marshals at minimum.

Radios may also be provided if frequency coverage is in range.

- c. Directions to, and phone number of the nearest hospital(s).

The EAP Coordinator should not be the Race Organizer, Commissaire or a Marshal of the event. Races may not be started until medical support is present at the site and identified to the Chief Commissaire.

2. Dedicated first responder(s) with a vehicle OR an ambulance, both staffed by one or more individuals trained to provide first responder services, someone who is certified and registered with the Saskatchewan Minister of Health, and equipped with medical supplies to render emergency medical care must present on-site at all Sask Cup races. Options for emergency aid personnel include off duty paramedic personnel, local fire department personnel who have emergency response or Emergency Medical Technician (EMT) training or a club member who has said training. Physicians and nurses may have also completed emergency response training during their career.
3. It is critical that during the running of the event that first aid person(s) not have other duties such as Commissaire, Race Organizer, marshal or driver as they may be called upon at any time if there is an incident.
4. Consult with the Chief Commissaire assigned for your event and / or VP Technical if you have any concerns or questions regarding medical support requirements for your event.
5. The first responders(s) or ambulance shall be situated in such a position as to optimize response time in the event of an emergency as determined by the Chief Commissaire in consultation with the Race Organizer.
6. Events which are held on a particularly lengthy circuit, or a point-to-point course, shall make provisions for medical support at one or more intermediate points on the course.
7. At Mountain Bike races, an all-terrain vehicle, or other mode of transport, shall also be stationed near the Start / Finish area of each race if there are sections of the course that are not accessible by motor vehicle.
8. In case of an incident, immediately call the EAP for medical personnel. If it is a serious incident and transportation or first responder / ambulance is not available, call 911.

Ambulance / First Responder Grant Policy for Sask Cup Races

The SCA will provide a grant to the host Club of 50% of the cost of the ambulance / first responder fee, to a maximum of \$500 / race weekend. This is for ambulance / first responder services only and does not include medical supplies used during the race. The host Club will pay for the ambulance / first responder and will then submit the receipt to the SCA Executive Director for reimbursement.

Club Races, Race Series, Programs and Special Events

The following minimum standards are mandatory at all club events, in all disciplines, sanctioned by the Saskatchewan Cycling Association (EG Including, but not limited to GASP Tour, Road Race Series, Crit

Race Series, Time Trail Race Series, Cyclocross Race Series, Mountain Bike Race Series, Gravel Series, Adventure Rides, Kids Race Series, BMX District Races, BMX Club Races, BMX Practices, Gravel FUNdo, Gran Fondo, Roubaix, Enduro, development programs, youth events):

1. Provide a support follow vehicle with an EAP Coordinator (for a site-to-site moving event) or an on-site EAP Coordinator (for a single-site event) equipped with medical supplies to render minor medical care and will coordinate further medical support in the case of an incident.
2. EAP Coordinator will be equipped with a cell phone to call 911 for an ambulance if required and have knowledge of the nearest hospital.
3. EAP Coordinator should not be the event organizer, official or marshal of the event.
4. A person trained in basic first aid (EG CPR A, B, or C).

*It is highly recommended that for larger events with higher risk activities, that event organizers consider having a dedicated first responder(s) with a vehicle OR an ambulance at the event. Options for emergency aid personnel include off duty paramedic personnel, local fire department personnel who have first responder or Emergency Medical Technician (EMT) training or a club member who has said training. Physicians and nurses may have also completed emergency response training during their career.

Club Rides

For club level RIDES please refer to <https://cyclinginsurance.ca/risk-management/>

COMPLIANCE

Non-compliance with the SCA Medical Support Policy may result in the non-start of the race or event.

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