

Saskatchewan Cycling Association Guiding Principles

1. Saskatchewan Cycling Association utilizes the following guiding principles in drafting and applying this policy:
 - a. Athletes in developmental and recreational sport should be able to participate in the gender category in which they identify, without any need for disclosure of information or other requirements. The same policy of inclusion would apply to high performance athletes up until the point where they must comply with international federation rules
 - b. Hormone therapy should not be required for an athlete to participate in high performance sport (up to the point where international federation rules would take effect).
 - c. There should be no requirement for an athlete to disclose their transgender identity or history to compete in high performance sport (up to the point where international federation rules would take effect).
 - d. Surgical intervention should never be required for a transgender athlete to participate in high performance sport.

Definitions

2. The following terms apply in this document:
 - a. “*Association*” – Saskatchewan Cycling Association
 - b. “*Bona fide*” – Acting in good faith, without deception or fraud.
 - c. “*Cisgender*” – People whose gender identity aligns with the sex they were assigned at birth
 - d. “*Gender*” – The socially constructed roles, behaviours, activities and attributes that a society assigns to masculinity or femininity
 - e. “*Gender Expression*” – The manner in which an individual represents or expresses gender to others – through behaviour, hairstyles, activities, voice, mannerisms, etc.
 - f. “*Gender Identity*” – An individual’s deeply held sense or knowledge of their own gender
 - g. “*Gender affirmation*” – Medically-supervised program of treatment to transition a person’s body to align with their gender identity through hormone therapy and/or surgery
 - h. “*Intersex*” – Intersex people are born with any of several variations in sex characteristics including chromosomes, gonads, sex hormones, or genitals that, according to the UN Office of the High Commissioner for Human Rights, “do not fit the typical definitions for male or female bodies”. Such variations may involve genital ambiguity, and combinations of chromosomal genotype and sexual phenotype other than XY-male and XX-female.
 - i. “*Sex*” – An individual’s biology that is generally categorized as male, female, or intersex
 - j. “*Transgender*” – People whose gender identity differs from the sex they were assigned at birth. In order to align their bodies with their sense of gender, some transgender individuals undergo gender affirmation
 - k. “*Transgender Female*” – Someone who was assigned the male sex at birth, but whose gender identity is female
 - l. “*Transgender Male*” – Someone who was assigned female sex at birth, but whose gender identity is male
 - m. “*TUE*” - Therapeutic Use Exemption

Purpose

The Association believes that all individuals deserve respectful and inclusive environments for participation that value the individual's gender identity and gender expression. The Association wishes to ensure that all participants have access to programming and facilities in which they feel comfortable and safe. The Association is committed to implementing this policy in a fair and equitable manner.

Actions for Inclusion

3. The Association pledges to:
 - a. Provide this *Policy* to Association staff, Directors and coaches and offer additional inclusion education and training opportunities on its implementation;
 - b. Provide registration forms and other documents that allow:
 - i. The individual to indicate their gender identity, rather than their sex or gender; and
 - ii. The individual to abstain from indicating a gender identity with no consequence to the individual.
 - c. Maintain organizational documents and the Association website in a manner that promotes inclusive language and images;
 - d. Refer to individuals by their name and pronouns requested by the that person;
 - e. Work with transgender athletes on the implementation and/or modification of this *Policy*;
 - f. When the Association has the authority to determine participants' use of washrooms, change rooms, and other facilities, the Association will permit individuals to use the facilities of their gender identity;
 - g. Ensure uniforms and dress codes that respect an individual's gender identity and gender expression; and
 - h. Determine Eligibility Guidelines for transgender participants (as described in this *Policy*).
 - i. Advocate for inclusive facilities, conduct and language when the association does not have the authority to determine participants use of washrooms, change rooms and other facilities, to allow individuals to use the facilities of their gender identity;

Eligibility Guidelines – Exceptions

4. As applicable, the eligibility guidelines of Union Cycliste Internationale (UCI), and/or any major national or international Games Organization regarding transgender athlete participation will supersede the eligibility guidelines as outlined in this *Policy*.

Eligibility Guidelines

5. At both recreational and competitive levels, an individual shall participate in the gender category in which they identify.
6. Individuals are not required to disclose their transgender identity or history to the Association or any of the Association's representatives (e.g., coaches, staff, Directors, officials, etc.).
7. All athletes must be aware that they may be subject to doping control testing pursuant to the Canadian Anti-Doping Program. The administration of hormones as a component of gender reassignment will, in most cases, contravene the *World Anti Doping Code*. Transgender athletes undergoing gender affirmation are encouraged to contact the Canadian Centre for Ethics in Sport (CCES) to

determine what procedures, if any, are required to obtain a TUE.

Confidentiality

8. The Association will not disclose to outside parties any documentation or information about an individual's gender identity.

Ongoing Monitoring

9. The Association commits to monitoring ongoing developments regarding national and international participation guidelines for transgender athletes and pledges to review and/or revise this *Policy* whenever new information becomes available.

Appeal

10. Any decision rendered by the Association in accordance with this *Policy* may be appealed in accordance with the Association's *Appeal Policy*.