

BCW Cycling Club Presents:
Professional Computer Services
Sask Cup 1 & 2
“Bike Yer Bunz Off” Cross Weekend



Sept 29th & 30th
Blackstrap Provincial Park

Location:

Blackstrap Provincial Park - <https://goo.gl/maps/jLeOf>

Park at: Trailhead Parking Lot

Register/race at: Mountain View parking lot (across the road from Trailhead lot).

Please do not park in Mountain View lot.

Registration:

Pre-Register:

Register online by Thursday, Sept 27th at 11PM at:

https://events.com/r/en_US/registration/bike-yer-bunz-off-cross-weekend-dundurn-september-743327

\$25/race or \$40 for both days (includes meals both days)

****Bonus: register by Sept 12th at midnight and get \$5 off a 2-day registration (promo code: bunz)****

Late Online or Race-Day Registration (walk ups always welcome):

\$35/race or \$50 for both days

Blackstrap Provincial Park – Picnic Building on the Beach (north of Lakeview Parking Lot)

Kids Mini Race (under 14 not wanting to race in the Sask Cup Series)

\$10/race or \$15 for both days (includes meals)

Only an SCA membership is required.

This race will be approximately 8-10 minutes long

Categories

When you're new, it's hard to pick a category. Check your race license to see what it says. The newest riders are usually in the Cat 5 category, but if you have had cycling experience, you may wish to start in the Cat 4 category.

Long Race	50 minutes	Cat 1 / 2 Men, Cat 3 Men & Women, Cat 4 Men
Short Race	35 minutes	Cat 4 Women, Cat 5 Women/Youth, Cat 5 Men/Youth

Race Organizer: Susan Clarke susan@biking.org

Race Day Representative: Craig De Gier

Race Day Registration, Pre-Ride and Race Times:

*race start times may be slightly adjusted if necessary

Saturday, September 29th:

Registration & chip programming for <u>all categories</u>	2:00-2:30 PM
*** Chip programming happens at this time only. Not before the long race.***	
Course Available for Pre-Ride	2:00 PM
Race Start - short race	3:00 PM
Kids Race - not Sask Cup	3:15 PM
Course open for one lap	at end of short race
Race Start - long race	4:00 PM
Yummy Food & Awards	5:15 PM

Sunday, September 30th:

Sign in and <u>chip programming for new racers</u>	9:00-9:30 AM
*** Chip programming happens at this time only. Not before the long race.***	
Course Available for Pre-Ride	9:00 AM
Race Start - short race	10:00 AM
Kids Race - not Sask Cup	10:15 PM
Course open for one lap	at end of short race
Race Start - long race	11:00 AM
Yummy Food & Awards	12:15 PM
Course Take Down	1:00 PM

Mechanical zone:

The bike/wheel pit will be at the halfway point of the course so that we can have double entry (3KM sounds like a nice walk until you are in a hurry to get some repairs done).

Number Placement

As this is the first provincial cyclocross race of the season, the SCA will provide numbers for you on race day. Position both numbers as per the illustration.

Numbers must be pinned to your jersey. Do not fold or modify the numbers.



Awards & Draw Prizes

Results are tabulated after the last racer has completed the course and awards and prizes will be handed out after lunch is served.

Courtesy Notes for Race Venue:

- Use the bathrooms/porta-potties - not the bush.
- Use the garbage cans. Do not litter.
- Respect the commissaires, volunteers and fellow racers. Let's stay friends.

Thank You

Thank you to the Saskatchewan Cycling Association, Sask Sport, Bruce's Cycle Works, and Professional Computer Services. Special thanks to Cycledelia for lending us set-up equipment & to all of the volunteers who donate their time, energy and items for the race.

Tips For New Racers and Reminders For the Rest of Us!

- **You need a license for this event.** Bring it (signed) to every race.
Sign up at www.saskcycling.ca .
Email cycling@accesscomm.ca for questions about one-event options.
- **Review the [UCI Cyclocross Rules](#)**
- **Bring your numbers to each race.** You will be given 2018 cyclocross race numbers at this race. If you have 2018 Belgian Cup numbers, please bring them.
- **Cyclo-cross bikes & mountain bikes are permitted** in all categories.
- **Pack the night before.** Don't forget a helmet, shoes, race clothing, bike (with wheels) and food/water. **Water is not provided at Sask Cup races.**
- **Bring more clothing than you think you need.** It's cold in the fall.
- **Check your bike over before the race** - better yet, get a tune-up a few days prior to the event. A clean bike is a fast bike. Clean your bike and oil your chain.
- **Arrive 15 minutes prior to registration opening.** You'll have time to park, set up your equipment, register, pre-ride, change, and eat something.
- **Pre-Ride the course.** You might be intimidated thinking you will hold everyone up, but you won't, and you must know where you are going.
- **Follow the course at all times while you are racing.** If you leave the course, you must re-enter where you left. You cannot move backwards through the course. You cannot cross the finishline a second time (either direction).
- **Tell us if you are quitting the race.** Don't make us look for you. :)
- **Please be polite to those you are racing with.**
- **Wear your helmet at all times when on your bike (even riding in the parking lot).** Failure to do so may result in a DQ. This UCI rule is for safety.
- **Introduce yourself to at least one person.** Maybe you'll make a new friend!
- **Have fun!**