

**Release, Waiver and
Assumption of Risk**

I, _____ (please print) hereby acknowledge and agree that in consideration of being permitted to participate in the Saskatchewan Cycling Association (herein called Sask Cycling or SCA) November 12, 2017 to November 11, 2018 provincial training programs, projects, camps, races and competitions, events, and any other SCA organized activities (herein called Saskatchewan Cycling Association activities, and or Performance Cycling Program:

1. I do hereby release the SCA, its members, officers, directors, employees, sponsors, independent contractors, and agents from all liability, and do hereby waive as against the SCA its members, officers, directors, employees, sponsors, independent contractors, and agents all recourses, proceedings, claims, and causes of action of any kind whatsoever, in respect of all personal injuries or property losses which I may suffer arising out of or connected with my preparation for, or participation in, the aforesaid SCA activities, notwithstanding that such injuries or losses may have been caused solely or partly by the negligence of the SCA, or any of its members, officers, directors, employees, sponsors, independent contractors, and agencies,

2. And, I do hereby acknowledge and agree:

a) that the sports of cycling, can be dangerous, exposing participants to many risks and hazards, some of which are inherent in the very nature of the sport itself, others which result from human error and negligence on the part of the persons involved in preparing, organizing, and staging the SCA activities;

b) that, as a result of the aforesaid risks and hazards, I as a participant in the SCA activities may suffer serious personal injury, even death, as well as property loss;

c) that some of the aforesaid risks and hazards are foreseeable, but others are not;

d) that I nevertheless freely and voluntarily assume all the aforesaid risks and hazards, and that, accordingly, my preparation for, and participation in the aforesaid SCA activities shall be entirely at my own risk;

e) that I understand that neither the SCA nor any of its members, officers, directors, employees, sponsors, independent contractors, and agents assume any responsibility whatsoever for my safety during the course of my preparation for or participation in the aforesaid SCA activities;

f) that I have carefully read this RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement, that I fully understand same and that I am freely and voluntarily executing same;

g) that I understand clearly that by signing this release I will be forever prevented from suing or otherwise claiming against the SCA, its members, officers, directors, employees, sponsors, independent contractors, and agents for any loss or damage connected with any property loss or personal injury I may sustain while participating in or preparing for any of the above mentioned cycling activities whether or not such loss or injury is caused solely or partly by the NEGLIGENCE of the SCA or any of its members, officers, directors, employees, sponsors, independent contractors, and agents;

h) that all athletes develop at different rates, respond differently to training, and each having a different potential. The SCA coaches cannot predict exactly how the athlete will respond or what level an athlete is capable of reaching. Ultimately, the success or failure of the athlete rests in the hands of the athlete and whether their goals are consistent with their commitment to the program, time training, and genetic potential. SCA coaches cannot make the athlete follow the program. It is the responsibility of the athlete to do the training and provide feedback on their plan in a frequent and timely fashion. Further, the athlete is responsible for letting the coach know immediately if they are not comfortable with or do not feel ready for any aspect of their plan.

i) I have been cleared by a certified medical physician that I am ready to participate fully in all aspects of training, racing and other activities (including but not limited to weight training, plyometrics, stretching, and dry-land training) that will be part of the SCA program.

j) that I have been given the opportunity and have been encouraged to seek independent legal advice prior to signing the RELEASE, WAIVER, AND ASSUMPTION OF RISK;

k) that I understand clearly that the SCA would not permit me to participate in the SCA activities unless I signed this RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement, that this RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement applies to all the aforesaid SCA's activities whether occurring in the near or distant future, and that the terms of this Agreement need not be brought to my attention each time I participate in a SCA activity in order to be effective;

l) that the term SCA activities as used in this RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement includes without limiting the generality of that term, activities such as the SCA's training programs as well as clinics, camps, activities, and events that are in any way authorized, sanctioned, organized or operated by the SCA or associated with the SCA.

m) that this RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement is binding on myself, my heirs, my executors, administrators, personal representatives, and assigns.

n) I recognize that this RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement may be in addition to any other release I must sign as a condition of my participation in the SCA activities and acknowledge that I am bound by the terms and conditions of all waivers I am required to sign in order to participate in the SCA and it's Performance Cycling Program.

Date: _____ Applicant Signature: _____
(MM/DD/YYYY)

Witness Name and Signature: _____

Name and Signature of Parent
(for athletes under 18 years of age)

Date (MM/DD/YYYY)